

Free Skating

Misano 2011



C.E.P.A. Judges' Seminar, Misano 2011 -
Free Skating

Toe Loop Jump

◆ basics on jumps = two families of take offs:

AXEL TYPE

Axel, Salchow, Toe Loop

LOOP TYPE

Loop, Flip, Lutz

Toe Loop Jump

◆ AXEL TYPE

- minimum 270° rotation on take off with the landing backward outside (on the line/circle of the jump)

- less than 270° rotation on take off is not accepted

Toe Loop Jump

◆ LOOP TYPE

- minimum 300° rotation on take off with the landing backward outside on the line /circle of the jump

- less than 300° rotation on take off is not accepted

Toe Loop Jump

◆ two techniques of Toe Loop take off

- closed hip of free leg – meeting the requirements of 270° on take off

- open hip of free leg, sc. toe assisted Axel – not meeting the requirements of 270° on take off



Toe Loop Jump

◆ Toe Loop take off – judged now

- closed hip of free leg = 270° of rotation ... => GOOD quality of take off

- open hip of free leg = less than 270° of rotation ... => POOR quality of take off



Toe Loop Jump

◆ Toe Loop take off – judged now

❖ what is **GOOD** and what is **POOR** ?

❖ how much is **GOOD** and how much is **POOR** ?

These are very descriptive adjectives, not bringing to measurable parameters

Toe Loop Jump

**ARE WE INTRODUCING BETTER
QUALITY TO OUR SPORT WHEN
JUDGING LIKE THAT?**

(Lutz edge, Loop and Salchow take offs from the toe stops vs.
introduction of sit spin, steps ..)

Toe Loop Jump

TOE ASSISTED AXEL

is that not

JUST ANOTHER AXEL ,

are we not loosing variety
when allowing that ?

Toe Loop Jump

**IF WE SAY YES, THEN IT IS
OUR DUTY TO FACE THIS
FACT AND STEER A SPORT
BY JUDGING IT TO SHOW
the measure of quality
MORE
CLEARLY**

Toe Loop Jump

..... thatwhy C.E.P.A.

is proposing a new rule which is more defined – meaning not recognizing the toe assisted Axels as Toe Loops - from 2012 anymore;

as just “good or poor quality measure” has not given much better results since their implementation

Toe Loop Jump

In **2012** the **Toe loop** with half a rotation overturned at the take-off, will be **considered as an Axel** and given credit as such. This means a Toe loop executed as a **“toe assisted jump” in the Short Programme** – performed with a turn of more than one-quarter on the toe-stop while the employed foot is still on the floor – **will receive NO CREDIT and will be considered as an extra element.**

Toe Loop Jump



EXAMPLES

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Loop Step

❖ what is a loop step technically ?

DOUBLE THREE BACKWARDS OUTSIDE

with

FREE LEG WRAPPED BELOW THE KNEE



Loop Step

◆ where we can see the loop step in free skating ?

◆ in TWIZZLE step

◆ in the backwards outside SPIN

◆ in ALL JUMPS



Loop Step

◆ can we consider this “screw like position” as an elementary position for the skater ?

◆ can we see that

loop jump => backward outside spin
=> jump position in the air

means in a way development of the same tipe of simple routine ?

Loop Step

to support the idea that there is a connection between a loop step as a simple routine for easier execution of more complex routines (jumps and spins), this basic step is introduced as mandatory element of Minis steps

Loop Step

A silhouette of a skater in a starting crouch on a track, positioned to the left of the word 'EXAMPLES'.

EXAMPLES

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Change Spin

From **2011** any **Spin** in which the **change of position** is performed with additional hitching of the employed foot (“**pumping**”) will be considered as being of **poor quality** (seriously flawed).

Therefore in the **Short Programme** the **Combination Spin** performed with such changes of position will be penalized **0.5 points in the “A” mark.**

Change Spin

Change Position or Foot Spin has how many entrances / starts ?

ONE



Change Spin

Change Position or Foot Spin with
“pumping” to get the changed position
or foot, how many entrances / starts
are there



**AS MANY AS CHANGES ARE
THERE**

Change Spin

Can we as judges consider “pumped”
spin as

several spins together

or

several separate spins with new starts
/ entrances

and accordingly

poor manangement of skate ?



Change Spin

If YES,

then we as judges have to recognize
such an execution by already 15% of
the skaters at European
Championships

and

dispatch the information to skaters
and coaches



Change Spin



EXAMPLES

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